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Musculoskeletal Screening Questionnaire:

PATIENT NAME: _____ **DATE:** _____

One OR More of the following symptoms may be indicative of Musculoskeletal Dysfunction of the head and neck. If you have any of the following symptoms, please indicate by checking the appropriate areas. (L=Left R=Right)

PART I:

- a. Pain in the jaw joint ___ L ___ R
- b. Pain in ear ___ L ___ R
- c. Pain around eyes ___ L ___ R
- d. Pain in lower jaw ___ L ___ R
- e. Pain in upper jaw ___ L ___ R
- f. Pain in neck ___ L ___ R
- g. Pain in shoulders ___ L ___ R
- h. Pain in forehead ___ L ___ R
- i. Pain in temples ___ L ___ R
- j. Pain in facial muscles ___ L ___ R
- k. Facial muscle twitch ___ L ___ R
- l. Subjective hearing loss ___ L ___ R
- m. Clicking or popping
 sound in joint ___ L ___ R
- n. Grating sound in joint ___ L ___ R
- o. Dizziness (vertigo) ___ Y ___ N
- p. Ringing sound in ears ___ L ___ R
- q. Fullness, pressure
 blockage in the ear ___ L ___ R
- r. Headache ___ Y ___ N
 - 1. Tension Headaches ___ Y ___ N
 - 2. Migraines ___ Y ___ N
 - 3. How Often? _____
 - 4. Top of Head ___ L ___ R
 - 5. Forehead ___ L ___ R
 - 6. Back of Head ___ L ___ R
 - 7. Temples ___ L ___ R
 - 8. Behind Eyes ___ L ___ R
- s. Partial inability to open mouth ___ Y ___ N
 - Constant _____
 - Sporadic _____
- t. Difficulty chewing ___ Y ___ N
- u. Difficulty swallowing ___ Y ___ N
- v. Pain in tongue ___ L ___ R

- w. Difficulty breathing through nose ___Y ___N
 x. Loud snoring ___Y ___N
 y. Constantly tired ___Y ___N
 z. Mouth breath at night ___Y ___N
 aa. Awaken with a dry mouth ___Y ___N
 If yes, 1. Frequently _____
 2. Rarely _____
 3. Never _____
 bb. Loose teeth (specify) _____

PART II:

Occlusal Habits:

- | | |
|------------------------------|-----------------------------------|
| ___ Clenching ___AM ___PM | ___ Grinding on teeth ___AM ___PM |
| ___ Teeth hit in front first | ___ Cheek biting |
| ___ Gum chewing | ___ Pipe smoking |
| ___ Pencil/Pen biting | ___ Nail Biting |
| ___ Other: _____ | |

Postural Habits:

- | | |
|--------------------|-----------------------|
| ___ Phone cradling | ___ Lean chin on hand |
| ___ TV watching | ___ Heavy lifting |
| ___ Shoulder bags | |
| ___ Other: _____ | |

PART III:

1. What are your chief complaints? List from most to least important:
 - a. _____
 - b. _____
 - c. _____
2. Do symptoms affect one or both joints? R ___ L ___ BOTH ___
 If both joints, indicate which joint seems most affected: R ___ L ___
3. How many years, months, weeks or days have you been bothered by this problem?
 a. _____ years b. _____ months c. _____ weeks d. _____ days
4. Have you had any injury to the jaw or face? ___Y ___N
5. Do you have arthritis? ___Y ___N
6. Have you ever had cervical traction? ___Y ___N
7. Have you ever worn a neck brace? ___Y ___N
8. Have you had any other treatment for this problem? ___Y ___N
 If yes, explain—medicine, dental appliances i.e. splint, orthotic, or night guard:

9. Have you had your teeth straightened? (orthodontia) ___Y ___N
10. Have you had teeth removed for orthodontia? ___Y ___N
11. Have you had your wisdom teeth removed? ___Y ___N

12. Have you ever had general anesthesia? Y N
13. Did you have allergies as a child? Y N
14. Have you had your bite adjusted by your dentist? (equilibration) Y N
If yes, explain when: _____
15. Do you attribute the symptoms to any one incident? Y N
If yes, explain: _____

16. Have you had cortisone injected into your joint? Y N
If yes, when? _____ How many injections? _____
17. Are you now on any medication? Y N
If yes, what kind and how much? _____
18. Do you know if you clench your teeth? Y N
19. Has anyone mentioned that you grind your teeth (brux) at night during sleep?
 Y N
20. Do you chew gum? Frequently Moderately Never
21. Please list chronologically, names and types of doctors and their locations whom you have seen in the past for this or related problems. (Write on back of this sheet if necessary.)
- _____
 - _____
 - _____
 - _____
22. In **YOUR** opinion, what initiated your present condition? (chief complaint)
- _____
- _____
- _____
- _____
23. What aspect of your condition concerns you the most?
- _____
- _____
- _____
24. Please tell us any other pertinent information that has not been covered previously in this questionnaire. Write on the back of this sheet if necessary.
- _____
- _____
- _____
- _____
25. Are you in litigation or are you planning litigation? Y N
If yes, please explain:
- _____
- _____
- _____
- If yes, attorney's name, address, and phone:
- _____
- _____
- _____

Draw your pain patterns by following this key:

MILD:

MODERATE:

SEVERE:

B = Burning

D = Dull

H = Heavy Pressure

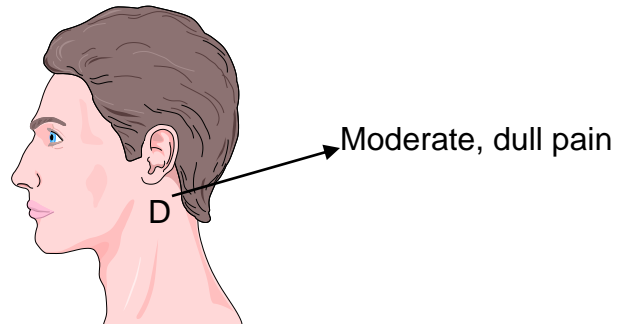
N = Numbing

S = Sharp

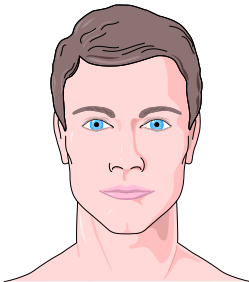
T = Tingling

R = Radiating

Example:



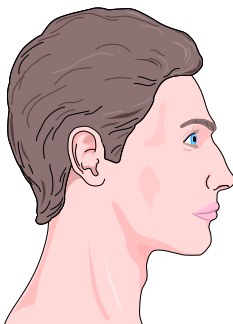
Front



Back



Right



Left

